



**A weekly email publication for the community
of St. James Church in College Hill**

Message of the Moment

Remember the Sabbath and Keep it Holy

In 2021, have you said anything like one of these phrases?

- After all of this is over, I'm not going back to ...
- I have appreciated a slower pace ...
- I realized that something I always did isn't important ...
- I want to keep on doing more (or less) of ...

In the last year, we have experienced something in common with people across the world. We were unavoidably plunged into living differently that we did in the years before 2020. This was true for people in places all over the world. It is unusual for so many diverse populations to share an experience — especially profound ones that would change our lives.

Throughout the difficulties of the COVID-19 pandemic the majority of people have been able to see that this ominous cloud had a silver lining. Before the benefits of our experience have worn off, I wonder if we will have learned lessons deeply enough to change us forever, not just for a short while.

When we began 2021 and called it a Sabbath Year at St. James, we talked about laying down extra burdens, allowing extra time for rest and reflection, and relying on God to provide what we would need even if we didn't plant fields and bring in a harvest (even if we weren't productive). The way the year has transpired, we have experienced Sabbath-like changes in our lifestyle whether or not we intended it. In one way or another we have all been liberated from something.

There is security knowing that our neighbors have lived through

the same experiences we have. We discovered that we craved some things we missed in a way we had never imagined. We learned that some of what we couldn't conceive of living without was, after all, not an issue. We realized, in fact, that there is mystery in life.

Having faith in God bestows peace on those who employ it. We have learned beyond a shadow of doubt that we can't predict what tomorrow will hold. With these experiences many of us have been able to live in the moment and let go of the future or the past. The only thing we could count on was the current moment.

For people like me who work at having a plan in place a year in advance, being unable to exert control on what would happen was difficult. I had many exasperated days. For me, it is becoming more natural (less frustrating) to relax into whatever happens. It is healthier not to be attached to outcomes. Not knowing how something will go liberates us from the need to judge events and people. No longer are things good or bad, they are simply what they are.

This attitude is part of radical acceptance. Jesus radically accepted all individuals and did not judge people based on their circumstance. He just loved. He loved everyone and all of creation. This is the way to peace.

As we continue to live in and honor our 2021 Sabbath year, may the lessons we've learned settle in our souls and stay with us. Theodore Roethke wrote "*The Waking*," a poem which ends: "I wake to sleep, and take my waking slow. I learn by going where I have to go." This is sabbath living. This is life created by radical acceptance.

"Remember the Sabbath day, to keep it holy. Six days you shall labor, and do all your work, but the seventh day is the Sabbath of the LORD your God. In it you shall not do any work, you, or your son, or your daughter, your male servant, or your female servant, or your livestock, or the sojourner who is within your gates. For in six days the LORD made heaven and earth, the sea, and all that is in them, and rested on the seventh day. Therefore the LORD blessed the Sabbath day and made it holy" *Exodus 20:8-11*.

Setting aside schedules, expectations, and judgment, the faithful calmly and peacefully learn by going where to go.

**Yours in Christ,
Mother Dawn+**

First Things First

Last call for updates to the directory: If you have updates to your directory listing, please email Mary Druding at volunteers@stjameswichita.org.

Agapē Friday is at 6 p.m. today on the west lawn of the church. Please bring your own dinner or snack and a chair.

We will return to singing — while masked — at the 10:45 a.m. service beginning Oct. 24.

Readings This Week



Lord, we pray that your grace may always precede and follow us, that we may continually be given to good works; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

[Click here to go to the Lectionary Page](#)

[Click here for a free PDF download of the Book of Common Prayer](#)

Lessons appointed for the Twentieth Sunday after Pentecost:

[Job 23:1-9; 16-17](#)

[Psalm 22:1-15](#)

[Hebrews 4:12-16](#)

[Mark 10:17-31](#)

Calendar



Click here to view our
current calendar of events

Calendar

Community Outreach

The **Blanket Drive** ends Sunday. Our goal was 50 blankets, and so far we have 45. We are confident we will meet our goal. The blankets will be distributed by **HumanKind Ministries**.

The next **Sandwich Saturday** is Nov. 13. Sign up to make 20 to 25 sack lunches and either take them to St. John's or meet Joan Bledsoe at 10:30 a.m. at St. James. Volunteers also are needed to help distribute. Contact [Joan Bledsoe](#) for more information.

Parish News and Updates

Basic A continues to meet at 6 p.m. Tuesdays in the Chapel of the Innocents. This week, the topic will be "Introduction to the Book of Common Prayer."

The Wichita Minster will meet at 7 p.m. Oct. 12 at St. John's.

Sacred Ground Circles begin Oct. 14. Choose between an in-person group at 11 a.m. with Mother Dawn or an online group at 7 p.m. with Chelsea Whipple. [Click here to register and for more information.](#)

The next **Creation Care** committee meeting will be at 7:30 p.m. Oct. 20 on Zoom. The link is: <https://us06web.zoom.us/j/83906637688?pwd=ZkhIVHFrTHNOR0FCamswRnpqSkdUdz09>. Click [here](#) for our new website page for more information about this committee. Our Bishop is challenging us to reduce our individual carbon footprint. Take a look at www.SustainIslandhome.org.

The order deadline for 100th Anniversary apparel is Oct. 15. You may purchase merchandise using the order form found on the display table in the lobby near the red front doors. Delivery is expected

approximately Nov. 1.

St. James Episcopal Church: the First 100 Years (our history book) can be purchased anytime in the bookkeeper office. Books will be available in the lobby on Sundays between services. Books are \$25 each.

Parish Profile

Delmar Klocke's faith was strengthened while serving in the Navy during the Korean War. "I wasn't in heavy conflict. The Navy did lose people, but I was never really threatened that way," Delmar said. "I'm thankful I never had to shoot anybody. During that period of time, I really made a decision about my faith and what I hoped to become. It sort of stayed with me ever since then."



A member of the vestry, Delmar has been attending St. James since Nov. 19, 2006. Unlike those of us who struggle to remember what day it is, Delmar was quick to remember the date he was confirmed.

Delmar came to St. James from a Methodist background, and his wife, Mary, came from a Catholic background.

Delmar has orchestrated and funded several building projects at St. James, putting his construction background to work.

That background also has been pressed into service at the Orpheum Theatre, where Delmar serves on the board and is chairman of restoration.

"In 1997 they asked me to be on the board. In 2000, I became chair of restoration for the theatre. I've supervised all of the construction and renovation work since that time," he said.

The Orpheum is just one arts organization Delmar has supported with his time, talents and financial resources.

He also serves on the board of Music Theatre Wichita and is chair of the properties committee. He's on the Wichita Symphony Orchestra board and serves on its endowment committee. He's been president of the board three times.

"I also was approached by Young Audiences out of New York City," he said. "I was one of four people who organized a local educational group that worked with the public schools in enriching the school curriculum with art. Here we called it arts partners. I was president for a term. Most of the time I was program chair or co-chair for Arts Partners."

He also has been involved in fundraising and scholarships for the music program at Wichita State University.

Delmar retired from Linder & Associates, an electrical contracting company where he was a managing partner.

In 2016, the Wichita Business Journal honored him with a Distinctive Community Service award for his work at the Orpheum and other arts organizations.

It likely won't surprise you that Delmar's response in a story the Business Journal wrote was "in my work dealing with not-for-profits, I

really think I've gained more than I have ever given."

What do you do to rest and return to God?

"We give thanks at every meal. I try to read some, not necessarily always from the Scripture but things that are relevant and support my thought process and help me try to maintain a good relationship with my fellow man."

What do you like about St. James?

"We've liked the leadership, the clergy, and we like the community. Quite frankly, coming from a Methodist church, I really enjoy the order of service."

Prayer

Parish Prayers for the Week of Oct. 10

In the Anglican Cycle of Prayer: Pray for the Church of the Province of the West Indies.

In the World Council of Churches Cycle of Prayer: Pray for the people of Afghanistan, Kazakhstan, Kyrgyzstan, Mongolia, Tajikistan, Turkmenistan and Uzbekistan.

In the Kansas Cycle of Prayer: Pray for the youth ministries of the diocese.

Pray for those serving in the military: Will Corkins, J. David Anderson-Lusk and Maureen Tanner.

Pray for those who have died: Colin Carroll, Jackie Davis, Anne Allen (former St. James organist), Jan Siefkes (mother of Joan Moore and grandmother of Grace and Eve Moore), Nan King, and Justin Wittman Bayles, son of the Rev. Joseph Bayles.

Pray for those who are in trouble, sorrow, need, sickness or any other adversity: Ian, Mary (niece of Kate Miller), Helen, Laura, Jean, Marge, Dal, Gary, Pam, Jayne, Betty, Gus, Bob, Joe, Jerry, Larry, Mary, Jean, George, Carly, Tom, Cindy, Cathy, Kam, Donna McCain and family, all people with COVID-19, and all health care workers.

Our Parish Prayer List: All members of our parish community are asked to pray for each person on our prayer list. To share your prayers of thanksgiving (births, weddings, new jobs, anniversaries, etc.), to notify us that someone you love is serving in the military, to share that you or someone you love is suffering, or to tell us of a death, please call 316-683-5686 or email office@stjameswichita.org.

**If your prayers have been answered,
we would love to rejoice with you.
Please let us know so your name may be removed
from our list of people most urgently in need. Thank you.**

Let Us Pray

Visit this place, O Lord, and drive far from it all snares of the enemy; let your holy angels dwell with us to preserve us in peace; and let your blessing be upon us always; through Jesus Christ our Lord. Amen.

O God, the author of peace and lover of concord, to know you is eternal life and to serve you is perfect freedom: Defend us, your humble servants, in all assaults of our enemies; that we, surely trusting in your defense, may not fear the power of any adversaries; through the might of Jesus Christ our Lord. Amen.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

Psalm 18:2-7

My God, my rock in whom I put my trust, *
my shield, the horn of my salvation, and my refuge;
you are worthy of praise.
I will call upon the Lord, *
and so shall I be saved from my enemies.
The breakers of death rolled over me, *
and the torrents of oblivion made me afraid.
The cords of hell entangled me, *
and the snares of death were set for me.
I called upon the Lord in my distress *
and cried out to my God for help.
He heard my voice from his heavenly dwelling; *
my cry of anguish came to his ears.

Psalm 91:9-13

Because you have made the Lord your refuge, *
and the Most High your habitation,
There shall no evil happen to you, *
neither shall any plague come near your dwelling.
For God shall give his angels charge over you, *
to keep you in all your ways.
They shall bear you in their hands, *
lest you dash your foot against a stone.
You shall tread upon the lion and adder; *
you shall trample the young lion and the serpent
under your feet.

Helpful Links

[View Last Week's Service](#)



Community Rewards

[Contribute to St. James Church](#)



[Parish Leadership](#)



**Whoever you are and
wherever you find yourself
on your journey of faith,
you are welcome here.**



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Get in Touch with St. James Episcopal Church



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